

## What is Rice Milling?

Rice milling is the process of removing the husk and bran layer to produce white rice

The process can be undertaken as:

- A one-step milling process where the husk and the bran are removed in one pass and white rice is produced directly from the paddy.
- A two-step process wherein the husk and the bran are removed separately and brown rice is produced as an intermediate product.
- A multi-stage process wherein rice passes through a number of different operations and machines from paddy to white rice.

### One Pass Milling

#### Hand milling



Hand pounding of paddy in a mortar with a pestle is still practiced in some remote areas. Pounding the paddy induces upward and downward forces on grain against grain that removes the husk and some bran layers. The pounding also results in a high percentage of broken kernels. The final cleaning is done by winnowing and gravity separation by hand.

#### The steel single pass mill



The single pass rice mill is an adaptation of the "Engleberg" coffee huller. This type of mill is still very popular in many of the poorer rice-growing countries and is widely used for custom milling of household rice. This mill is a steel friction type mill and uses very high pressure to remove the hull and polish the grain. This results in many broken kernels, low white rice recovery of 50-55% and head rice yields less than 30% of the total milled rice. The fine brokens are often mixed

in with the bran and the ground rice hull and this is used for animal feed.

### Two-Stage Milling

#### Compact Mill

Two stage mills are often called compact rice mills and in many countries have superseded the Engleberg mill. The two-stage mill has separate



hulling and the polishing processes. Rubber rollers remove the husk and the brown rice is then polished with a steel friction whitener. These mills have a capacity of 0.5 to 1 ton per hour paddy input and are often used for custom milling in the rural areas. The milling

performance of the compact rice mill is superior to the single pass huller with milling recoveries normally above 60%.

### Multiple pass rice milling

#### Commercial Mill

The milling process in larger commercial mills

combines a number of operations that produces higher quality and higher yields of white rice from paddy or rough rice.



A modern commercial mill in Asia can produce 65-70% milling recovery and 50-55% head rice. The process involves:

- Pre-cleaning the paddy prior to milling
- Removing the husk or outer layer from the paddy
- Separating the broken grains from the whole kernels
- Bagging the milled rice
- Managing the by products

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For more information, visit the Rice Knowledge Bank: <http://www.knowledgebank.irri.org> or email: [IRRIPostHarvest@cgiar.org](mailto:IRRIPostHarvest@cgiar.org)